

Children's Center Programs The Adult Program Newsletter

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The Roller Coaster Ride of COVID-19

Since our last newsletter in November, 2020 Adult Day Programs as ours have been riding a roller coaster of whether we can open, or must remain closed. If able to open, the question then was "at what capacity." It took a long time but now your Adult Day Program is open and at the time of this writing operating at 50% capacity with all mandated safety and health procedures in place.

Once again our team never missed a beat. When closed, we made sure to reach out to our men and women broadcasting our activities through ZOOM. Even now we maintain our Dancing, Music, and Movement opportunities as options for those who are either not on site during scheduled days of these activities or have chosen to remain home for a bit longer.

Our three most popular activities in April and May were visited by an astounding amount of our men and women from the Program while broadcasting through ZOOM.

Movement : 583 attendees

Music with Ryan: 724 attendees

Music & Dancing: 774 attendees

We want to thank everyone for their patience and resolve during these trying times. We are glad we were able to reach out and maintain contact through the internet. We never stopped and never will servicing our participants no matter what the challenge.

**Thank You Families for Your
Continued Belief in Us**



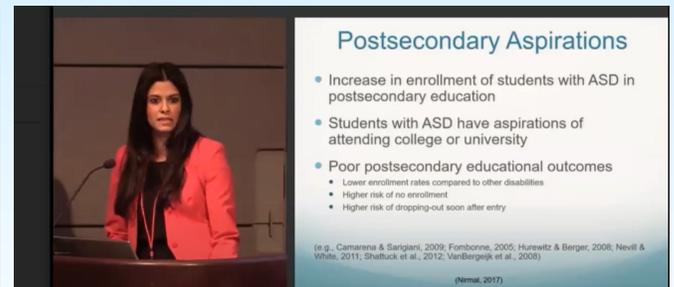
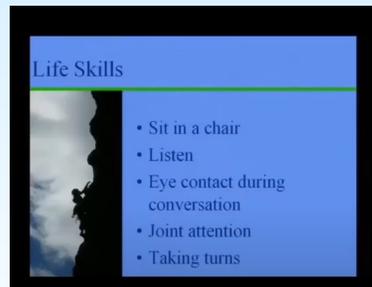
Q & A With Dr. Bartholomew

On January 22nd, every employee of the Adult Program joined Drs. Bartholomew, AKA "Dr. B" and Alan for an hour long virtual question and answer session regarding COVID and the vaccinations. Dr. "B" is our Campus physician and graciously agreed to join us and share updates and recent research on this virus and clear up any confusion regarding the vaccination itself and its process.

Employees submitted over 50 questions ahead of our meeting which were shared with Dr. "B." The timing could not have been better given the roll out of vaccines along with the spike in COVID cases following the New Year's holiday.

One by one each question was asked by Alan and thoughtfully responded to by Dr. "B" with extended explanations for those with any doubt. Anyone wishing to watch the video of this meeting with our Physician can do so by clicking on or using the following link in your internet browser

<https://drive.google.com/file/d/1JbkXr3JdW3PB30F4mMcqtCoYRk8pxgwd/view?usp=sharing>



Training & Development: During the mandated COVID shutdown our Direct Support Professionals met every work day at 9:00 am and 2:00 pm for a series of on-line learning modules. Over 150 educational sessions were delivered from experts in the field of Intellectual and Developmental Disabilities from the College of Direct Support, The Boggs Center, Autism Community Training, and Autism Internet Modules. In addition assessments for each class were given and graded. Together, every DSP earned well over 300 development hours of new techniques, models, research, skills, and knowledge in the field. Congratulations to all for a job well done.

Our Newsletter is for Program participants and employees of the Adult Program only. It is intended for internal use only.

Adult Program Highlights

CCPrograms got **Talent**

On March 17th, 18th, and 19th, The Adult Program held its first (and by no means last) Participant Talent Show. Sixteen men and women found the courage to step up and show us their creative gifts. Due to COVID restrictions still in place at the time of the show everything was broadcasted through ZOOM into the homes of well over 100 friends, family, Room Supervisors and the like. Judges from the Program scored their unbelievable abilities followed by a deafening applause from the audience. Each performer subsequently received a Certificate, a Ribbon, and a letter of appreciation for a job so well done. We never knew how much hidden talent existed among the men and women at our Program. Now that we do, stay tuned for more. Ladies and gentlemen thank you so very much for sharing with us all “your right stuff.”

Our MCs & Judges



Clifton



Nick



Xavier



Arva



Joselyn

Our Performers



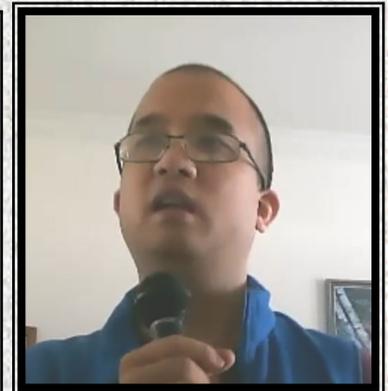
Billy sang



Jennifer sang & played piano



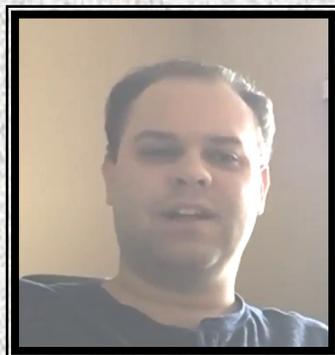
Nicole sang & danced



Patrick sang & danced



Erica sang



Joey sang



Sachon sang & danced



Tim sang and played guitar

Adult Program Highlights

Scott Sang and Played his guitar



Dominic sang Acapella



Michael sang Grease



Myra Sang



Anthony took us out to the ballgame



John exhibited his art work



Lauren sang

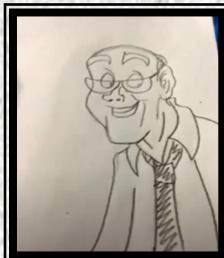


Philippe played his piano

Our Employees Who Joined With Talent



Mike's Magic



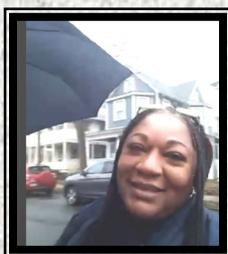
Andrew's Art



Kendra's Voice



Edlin's Birds



Kim was "Singing in the Rain"

An amazing show of talent lasted three days. We hope everyone that was able to tune in enjoyed the performances. As the pandemic continues to wind down and we are given permission to open up additionally with less restrictions, we hope our next Talent Show is in *real time, in person*. Thank you judges, employees who performed, and our talented Super Star men and women who attend our Day Program.

Adult Program Highlights



Music Appreciation: Whether he is teaching our men and women how to sing, showing them new dance moves, strumming his guitar or playing the piano in a group sing-a-long, **Rocking Ryan** the music man keeps everyone engaged during the week. Ryan has been working with us for years and easily made the transition helping us while fully broadcasting through ZOOM. His energy is contagious and his musical ability has kept our participants filled with joy during each session whether in person or virtually. Thanks **Rocking Ryan** for making these trying times much brighter.



Movement With Melanie: “C’mon touch those toes, hands up, stretch those legs, big circles, breathe deeply and heads side to side.... Are only a few of the dozens of warm-up exercises Melanie has been doing with our participants several times each week since we went virtual and now that we are back on site. All of this is in preparation for the Movement Theme of the day: Pillows and Pilates, weight lifting, chair exercises, high intensity strengthening, cardio drumming and so many more. Melanie motivates everyone to keep moving and exercising while also playing music to exercise. “Good job” is heard over and over again for those who follow along to the rhythm and Melanie’s unending stamina and smile. Everyone benefits who joins and that’s truly a credit to the combination of skill and personality Melanie brings to our Movement sequence.



Our June Schedule

Optional Days:

Th. 6/17

Fr. 6/18

M 6/21

T 6/22

W 6/23

We Are Closed:

Th. 6/24

F. 6/25

M. 6/28

T. 6/29

W. 6/30